



TIGRES PARENT INFORMATION MEETING

2022





Questions

If you have general questions, please put them in the chat
People will be monitoring the chat and responding
throughout the meeting.

If you have questions for your division coaches, there will
be break out rooms at the end of the main presentation

You can also email your question – go to the website



2022 Board Members

- Public Relations – Kelly Nicely, *President*
- Registration Coordinator – Nani Oesterle, *Secretary, VP*
- Treasurer - Jorge DeLeon
- Staging Coordinator – Jared Kuebler
- Coaches Representative – Jim Montgomery
- Volunteer Coordinators –
Carmelita Young-Everard and Jeremy Patelzick
- Apparel Coordinator – Paula Hodgins

Non-Board Member Position

- Timing/Finish Line – Erin Sap



Welcome to the 2022 Season

- 46th Anniversary of Tigres
- Tigres is one of 9 active clubs in VCYTC (Ventura County Youth Track Conference) since 1976
(website: <http://www.vcytc.org>)
- 2022 will mark the 11th year of interleague competition with the 4 clubs of SCYTFC (Southern California Youth Track & Field Conference). (website: <http://scytfc.org>)
- 100% volunteer run organization
- **LET'S MAKE THIS THE BEST SEASON YET!**



Thank You Buena

- Tigres greatly appreciates the partnership with Buena High School
- Allowing Tigres to use facilities (track, storage area, etc)
- Sharing equipment
- Encouraging athletes to help coach
- ALWAYS advocating for Tigres
- Let's be respectful when on campus and take care of their track!



Communication

- Website is hub of all communication
 - All information posted to the Tigres website (both club wide and coaches updates)
 - Then sent to **Email, Facebook & Twitter**
- Sign up for updates
 - All email addresses used to signup already entered
 - Click on the STAY UPDATED (<http://www.venturatigres.org/stay-updated/>)
 - Verify and add other emails
 - Enter your email address, and select General Tigres Alerts
 - Check each age group in which you have children participating

STAY UPDATED

venturatigres.org



Facebook.com/VenturaTigres



twitter.com/venturatigres



Club Wide & Coach News Updates

Enter your email address below and select "General Tigres Alerts" & each age group your children are in to receive all updates as they get posted.

Email Address

Age Groups

- General Tigres Alerts
- 8U (Gremlin)
- 9-10 (Bantam)
- 11-12 (Midget)
- 13-14 & 15-16 (Yth/Intermediate)

Subscribe



If You Have Concerns...

- Contact Head Coach
 - Gremlins 8U – 8U@venturatigres.org
 - Bantams 10U – 10U@venturatigres.org
 - Midgets 12U – 12U@venturatigres.org
 - Youth/Intermediate 16U – youth@venturatigres.org
- Next step is contact the Tigres Board
 - board@venturatigres.org
 - We are here to help make this the best experience possible for all!



General Questions or questions about cancelling registration, uniforms, meet results, directions to meets etc.?

Please use the contact page at venturatigres.org and use the subject dropdown so your message gets properly routed.



Practice

- Schedule - <http://www.venturaticgres.org/practice/>
- Drop off/Pick up
 - Please pick up on time!!! Do not pull into back gate behind track.
- Practice cancellation policy
 - Up to each age group coach
- Clothing/equipment required
 - Appropriate clothing – no swear words, etc.
 - Shirts must be worn at all times (boys and girls)
 - Athletic clothing (comfortable to run)
 - Running shoes required
 - Spikes/racing shoes used at coach's discretion (not for 8U)
- Only athletes and coaches allowed on the track



Attendance policy

- No requirements to participate in meets
- No need to notify coaches if missing practice
- Each age group may have a different policy w/relays
- We understand multiple sports
- Personal track coaches not allowed
- Participation required if at practice
- Don't come if sick or injured
- You must practice with your team
- No masks required at practice
- You get out what you put in



Practice Schedule

Mondays

4:30 – 6:00 pm Team Workout — Endurance

Tuesdays

	Choice A	Choice B	Choice C	Choice D
4:30 – 5:15 pm	Hurdles	Strength/Plyos	Relay	High Jump
5:15 – 6:00 pm	Hurdles	Speed Development	Shot Put	High Jump

Wednesdays

4:30 – 6:00 pm Team Workout — Warrior

Thursdays

	Choice A	Choice B	Choice C	Distance
4:30 – 5:15 pm	Long Jump	High Jump	Strength/Plyos	Recovery Run
5:15 – 6:00 pm	Long Jump	High Jump	Speed Development	

8U practices Tuesday and Thursdays at 4:30
8U does not participate in specialty practices



Meets

- Schedule - <http://www.venturatigres.org/meet-schedule/>
- Start at 8:30 am and usually end before 3:30 pm
- Order of events - <http://www.venturatigres.org/order-of-events/>
- Must wear Tigres issued top and black shorts (Tigres supplied shorts recommended)
- Results
 - live results are posted
 - After meets on Athletic.net with rankings
 - Only timing/results volunteers permitted in the timing tent once a meet has started! And NO walking in front of tent except for athletes finishing a race
- Over-eventing will result in DQs
- An athlete in the 8U age group through Youth may participate in a maximum of four events with a maximum of three running events.
- Intermediate athletes may participate in a maximum of any four events.
- The 4x400 relay is a “free” running event (this event will not count against an athlete's number of events).



Meet Events

Running Events

- 3200M Run
- 100M Hurdles
- 80M Hurdles
- 4x100 Relay
- 1600M Run

- 400M Dash
- 100M Dash
- 800M Run
- 200M Dash
- 4x400M Relay

Field Events

- Long Jump
- High Jump
- Shot Put

Some events not available to 8U Group.

You will sign up for events with your team coach at practices



Relays

- Open to all athletes
- Attend relay practice
- Only event that **REQUIRES** signing up prior to meet day
- Be reliable
- Understand there is some complexity
- Top teams are competitive



Home Meets

- Hosted at Buena High School
- Practice Meet – March 5th
- Tigres provides volunteers to run the home meets
- Food is offered – food truck, Kona Ice, etc.
- Bring snacks, sunscreen, etc.
- If using sunshades, please move high up in bleachers to not block view
- No food or drinks other than water on the field (volunteers included)
- We are hosts – act like gracious hosts to visiting clubs
- Only Coaches and athletes allowed on track



Away Meets

- See schedule on website for locations
- JV Finals
 - All athletes qualify for JV Finals
- Varsity Championships
 - Varsity Championships – must qualify
- Co-Conference Championship
 - Top athletes from VCYTC Championships vs top athletes from SCYTFC Championships



Qualifying for VCYTC Championship

- After the last meet, athletes will be ranked:
 - Top 9 in laned events
 - Top 9 in field events (ties for 9th qualify)
 - Top 12 in distance events (800, 1600, 3200)
 - Each club granted one relay team (4x100 and 4x400)



Volunteering

- 4 shifts required for Priority Registration status
- Shifts are usually ½ meet (AM or PM), usually ~ 3 hours
- To be fair, we take turns working late shift
- Please let caller know if you are unavailable for afternoons or early mornings
- PM shift is good with athletes running 800, 200 or 4x400
- More than 4 shifts earns SUPER Priority
 - Early registration and
 - First choice of volunteer role for next season
- Tigres responsible for all volunteer roles at home meets, PLUS some roles at
 - Conference Finals
 - VCYTC Championship
 - Co Conference Championship



Volunteering (continued)

- Volunteers required to participate at Practice Meet
- Learn your volunteer job if you are new
- Help train new volunteers if you're a veteran
- Callers will contact each family, the week prior to home meets
 - It is your responsibility to communicate issues
 - Contact the volunteer caller, Carmelita Young-Everard or Jeremy Patalzick directly if there are any issues covering your shift
- Sign in/Sign out mandatory and VERY important. Not signing out may mean no credit for your shift.
- We are **ALL** volunteers. If everyone works together and holds up their end, it will be a great season for all!



Volunteering Plea!

- Volunteering is what makes Tigres function
- Tremendous amount of work to organize volunteers
- Responsibility is on the volunteer to respond and make arrangements for shifts
- Adults need to be used as substitutes. Teenagers can not fill in for you.
- However, we do have volunteer roles for teens who want service hours.



Volunteers Needed

- 8U Team Parents (2)
 - Stay in home base for general help for athletes and coaches
- EZ Up transportation to away meets
- Open Board Positions
 - Facilities and Operations



Registration

- Refunds
 - 50% refund for drops between first day of practice and March 1
 - NO REFUNDS after March 1 for any reason
 - Rosters are frozen and athletes cannot be replaced by waitlist athletes
 - Please be considerate of the waitlist if not participating
- New athletes age verification
 - Email a copy of the athlete's birth certificate to registration@venturaticgres.com.
 - No age verification no competing.



Uniforms/Apparel

- Singlets must be worn to race (\$30)
- 3 options for shorts (\$20)
 - Unisex running shorts
 - Girls compression shorts
 - Boys compression shorts
- Uniforms and other apparel items will be sold at practices (dates will be sent out through website) and at home meets.

Mile 26
RUNNING CO.///



**Gear will be made to order.
Order by March 1st.
Gear will be delivered to practice
by March 18th.**



**Order Team Gear at
www.Mile26RunningCo.com/Tigres**

**2222 E. Thompson Blvd. Ventura, CA
805-628-9501 www.Mile26RunningCo.com**



Mile 26 RUNNING CO. ///

Track Specials

10% Off at Mile 26 Running Co at all times
for Tigres Track & Field Athletes & Their Parents.

Mile 26 Running Co
2222 E Thompson Blvd. Ventura, CA 93001
www.Mile26RunningCo.com

2022 Head Coaches

- **8U Head Coach (2014-2015)**

Mike Oesterle

- **10U (2012-2013) Head Coach**

Jim Montgomery

- **12U Head Coaches (2010-2011)**

Kate Heller & Kathleen Baker

- **13-14 / 15-16 Head Coach (2006-2009)**

Spencer Taylor



Move to Division Breakout Rooms

- Next - meet with age group coaches